

Practice Guidelines Utilized in the Jefferson Behavioral Health Region

The Quality Management Committee (QMC) acknowledges the use of Practice Guidelines in the Jefferson Behavioral Health Region. The list of resources is reviewed and updated annually by the QMC. The frequently used guidelines and their resource sites are listed below.

PRACTICE GUIDELINES

1. American Psychiatric Association

http://www.psych.org/clin_res/prac_guide.cfm

Lists guidelines for Acute Stress Disorder, Alzheimer's Disease and Other Dementias, Bipolar Disorder, Borderline Personality Disorder, Delirium, Eating Disorders, Major Depressive Disorder, Obsessive Compulsive Disorder, Panic Disorder, Psychiatric Evaluation of Adults, Schizophrenia, Substance Use Disorders, and Suicidal Behaviors.

2. American Academy of Child and Adolescent Psychiatry

<http://www.aacap.org>

Lists guidelines for ADHD, Anxiety Disorder, Assessment of a Child or Adolescent, Assessment of Infants and Toddlers, Assessment of Family, Autism, Bipolar, Child Custody Evaluation, Community Systems of Care, Conduct Disorder, Depressive Disorders, ECT with Adolescents, Children and Adolescents with Enuresis, Forensic Evaluation of Sexually Abused Children and Adolescents, Language/Learning Disorders, Mental Retardation, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, PTSD, Psychiatric Consultation to Schools, Reactive Attachment, Schizophrenia, Sexually Abusing Children, Seclusion and Restraint, Stimulant Medications, Substance Abuse, Suicidal Behavior, and Youth in Detention or Correctional Facilities.

3. National Association for Case Management

<http://www.yournacm.com/>

Lists guidelines for case management practice with adults with severe and persistent mental illness.

4. Strengths Model of Case Management

<http://psychservices.psychiatryonline.org/cgi/content/full/50/11/1502>

Lists guidelines for case management from a strengths based perspective.

5. Texas Implementation of Medication Algorithms

www.dshs.state.tx.us/mhprograms/TIMA.shtm

Lists guidelines for the treatment of Major Depressive Disorder, Bipolar I, Schizophrenia, and Patient/Family Information.

6. National Clearinghouse Guideline

<http://www.guideline.gov>

Lists guidelines for the treatment of Adjustment Disorders, Anxiety Disorders, Delirium, Dementia, Amnestic, Cognitive Disorders, Eating Disorders, Mental Illnesses identified in Early Childhood, Mood Disorders, Personality Disorders, Schizophrenia and Psychotic Disorders, Sexual and Gender Disorders, Sleep Disorders, Somataform Disorders, and Substance Abusing Disorders.

EVIDENCE-BASED PRACTICE RESOURCES

Jefferson Behavioral Health recognizes the use of Evidence-based practices (EBP) approved by the Oregon AMH. A complete list of approved practices can be found at <http://www.oregon.gov/DHS/mentalhealth/ebp/practices.shtml>. Some of the EBPs used in southwestern Oregon are listed below. (Websites identified are meant to be a convenience element to the reader. They are not indicative of recommendation for specific trainers.)

1. **Assertive Community Treatment**
http://download.ncadi.samhsa.gov/ken/pdf/toolkits/community/08.ACTpract_Info.pdf
<http://www.actassociation.org/>
<http://www.actassociation.org/actModel/>
2. **Clubhouse Model**
<http://www.iccd.org/article.asp?articleID=1>
3. **Cognitive Behavioral Therapy**
<http://www.nacbt.org/>
4. **Consumer Run Drop-In Centers**
<http://www.oregon.gov/DHS/mentalhealth/ebp/ap/consumer-run.pdf>
www.mhselfhelp.org/gateway.php?type=techasstfile&techasstfile_id=15
<http://rsw.sagepub.com/cgi/content/abstract/15/4/278>
5. **Dialectical Behavioral Therapy**
www.behaviortech.com
6. **Eye Movement Desensitization and Preprocess (EMDR)**
<http://www.emdr.com>
7. **Family Psycho-education**
http://download.ncadi.samhsa.gov/ken/pdf/toolkits/family/06.FamPsy_Pract.pdf
8. **Functional Family Therapy**
<http://www.fftinc.com/>
9. **Illness Management and Recovery**
<http://www.oregon.gov/DHS/mentalhealth/ebp/ap/imr.pdf>
10. **Incredible Years**
<http://www.incredibleyears.com/>
<http://www.oregon.gov/DHS/mentalhealth/ebp/ap/incredible-yrs.pdf>
11. **Integrated Dual Diagnosis Treatment**
http://download.ncadi.samhsa.gov/ken/pdf/toolkits/cooccurring/IDDTpractinfoAJ1_04.pdf
12. **Life Skills**
<http://casat.unr.edu/bestpractices/view.php?program=55>
13. **Motivational Interviewing**
<http://motivationalinterview.org/training/mint.htm>
14. **Multidimensional Family Therapy**
www.strengtheningfamilies.org
15. **Multidimensional Treatment Foster Care**
www.cachildclearinghouse.org
16. **Multisystemic Therapy**

- <http://www.mstservices.com>
17. **Parent-Child Interaction Therapy**
<http://pcit.phhp.ufl.edu/>
 18. **Parent Management Training**
<http://www.oregon.gov/DHS/mentalhealth/ebp/ap/par-man-train.pdf>
 19. **Parenting Wisely**
<http://casat.unr.edu/bestpractices/view.php?program=73>
 20. **Solution Focused Brief Therapy**
<http://www.creatingsolutions.org/Presentations%20and%20Overview%20of%20Solution%20Focused%20Approach.htm>
 21. **Strengths Based Case Management**
<http://www.maaclink.org/hcm.htm>
 22. **Supported Education**
<http://www.socwel.ku.edu/projects/SEG/bestpracticesSE.html>
 23. **Supported Employment**
http://download.ncadi.samhsa.gov/ken/pdf/toolkits/employment/06.SE_Practitioner.pdf
 24. **Trauma-Focused Cognitive Behavioral Therapy**
<http://tfcbt.musc.edu>
 22. **Wrap Around Services**
<http://depts.washington.edu/wrapeval/index.html>